

Standard:	General Status with Restrictions
Approved By:	CMNL
Date Approved:	November 2019
Date to be Reviewed:	November 2022
Effective Date:	November 2019



## **General Status with Restrictions** **For Registered Midwives Practicing in Newfoundland and Labrador**

### Overview

Under the *Health Professions Act* (2010) Newfoundland and Labrador Council of Health Professionals (NLCHP) grants registration for midwives to practice in Newfoundland and Labrador. As per the *Midwives Regulations* (2016), registration categories are:

- Section 5: General Status
- Section 6: General Temporary Status

Under Section 7 of the *Midwives Regulations* (2016), the registration committee may attach conditions or restrictions to a registration that the committee considers appropriate including, Section 7. (1)(b) setting requirements for supervision of the member which may specify the form and duration of the supervision.

The College of Midwives of Newfoundland and Labrador (CMNL) requires that all applicants who are new graduates from a Canadian Midwifery Education Program or a Canadian International Midwifery Pre-registration Program participate in a mandatory mentorship period (category A). These applicants will be registered as General Status with Restrictions

Additionally, the General Status with Restrictions category may be used for registrants who do not meet the minimum midwifery hours or birth number requirements as set in the CMNL Registration and Continuing Competency Standard during their renewal (category B). These applicants will complete an individually tailored length of mentorship and requirement of midwifery hours and birth numbers.

### Prior to the Mentorship Period

Before an applicant requiring mentorship can be registered with the NLCHP, a Midwife/Mentor Mentorship Agreement between the applicant and mentor must be submitted and approved by the CMNL (accessed from CMNL directly or through the CMNL forms on website). The CMNL will contact the NLCHP once the agreement is approved.

### General Status with Restrictions

This CMNL policy is designed to ensure newly registered midwives will enter the profession with the support and experience necessary to ensure the safest possible client care while consolidating clinical skills. Mentored midwives are recommended to work as close to full time as possible during their first year of practice to gain experience and develop a solid foundation.

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In an employment model the expectation of midwifery hours is not more than a fulltime FTE (35-40 hours/week) and not less than half FTE (17.5-20 hrs/week).

The restrictions stay in effect for a minimum of one calendar year from the date of initial registration and until the minimum requirements are attained (category A), or as prearranged with CMNL (category B).

### 1. Mentorship and Restrictions

The mentored midwife shall:

- a) Work in a practice team that includes a minimum of one other mentoring Registered Midwife who is practicing without restrictions for a minimum of one year (category A), or as prearranged with the CMNL (category B).
- b) While working in the hospital setting, the second attendant may be another Registered Midwife with or without restrictions or a Registered Nurse.
- c) Out of hospital births will only be second attended by a Registered Midwife practicing without restrictions.

### 2. Removal of Mentorship and Restrictions

The mentored midwife may apply to the CMNL for removal of restrictions by submitting to the CMNL a CMNL Clinical Experience Reporting form once:

- a) They have actively practiced for a minimum of one year since the date of registration and can provide proof of 1950 hours of midwifery practice (category A) or as prearranged with the CMNL (category B).
- b) They have attended at least 20 clients and their newborns in the primary role; five must include continuity of care as defined in the CMNL Registration and Continuing Competencies Standard (category A), unless prearranged with the CMNL (category B). Births involving transfers of care can be included by the mentored midwife.
- c) They reach a minimum of three planned primary home births and have attended in a primary or second midwife role at five actual home births (category A) unless prearranged with the CMNL (category B).

Once the mentored midwife has successfully completed these requirements, they can submit to the CMNL a Clinical Experience Reporting form (accessed directly from the CMNL or found from the CMNL website). Once approved, the CMNL will notify the NLCHP and recommend the status be changed to General Status.