

Standard:	Essential Equipment, Supplies and Medications Required for Out of Hospital Births
Approved By:	Council
Date Approved:	April 2019
Date to be Reviewed:	April 2022
Effective Date:	April 2019



CMNL ESSENTIAL EQUIPMENT, SUPPLIES AND MEDICATIONS

Registered Midwives must ensure that all portable and non-portable equipment and supplies will be cleaned, disinfected or sterilized as appropriate. Equipment must be maintained according to manufacturer's specifications and calibrated to deliver reliable measurements. Single use sterile supplies must be in original sealed packaging. Reusable supplies must be properly disinfected. Registered Midwives must be aware of the sterilization standards set by the Regional Health Authority whereby they practice within. Registered Midwives must have access to appropriate communication equipment and means of transportation.

The following list is the minimum required equipment, supplies and medications necessary for the provision of safe and appropriate care in an out-of-hospital birth setting.

Essential Equipment

Fetoscope

Doppler fetoscope

Stethoscope

Sphygmomanometer with adequate sized cuffs

Thermometer

Sterile speculum

Suitable time-keeping device

Scissors for episiotomy

Hemostats

Scissors for cord cutting

Mosquito forceps

Ring forceps

Suturing instruments (needle driver, scissors)

Pediatric stethoscope

Infant scale

Measuring tape

Heat source for the baby (e.g., heating pad)

Ophthalmoscope

Self-inflating newborn resuscitation bag and appropriate sized masks

Flow inflating infant resuscitation bag

Newborn laryngeal mask airway

Infant oral airway (appropriate sizes)

Compressed gas regulator and flow metre

Portable suction equipment (compatible with intubation)

Scissors for intubation tubing

Newborn intubation equipment including laryngoscope, appropriate sized blades, light,

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stylet

Newborn portable pulse oximeter

CO2 detector

PEEP valve 1

Equipment for administering epinephrine and/or fluids for volume expansion via umbilical vein catheterization

Essential Supplies

Sterile gloves

Non-sterile gloves

Urinalysis supplies

Gauze

Sterile lubricant

Urinary catheters

Amnihook or suitable alternative for rupturing membranes

Amnicator or suitable method for assessing amniotic fluid

Blood drawing supplies and tubes

Syringes

Needles

IV supplies

Maternal non-rebreathing oxygen mask

Suture material

Sharps container

Cord clamps or ties

Cord blood tubes

Feeding tubes

Endotracheal tubes

Bulbs and batteries for laryngoscope

Meconium aspirators

Suction tubing

Antiseptic solution

Infection control supplies as needed to meet public health guidelines and directives

Essential Medications

IV fluids

Oxygen sufficient for transport of mother and baby

Uterotonic drugs (Oxytocin and 2nd line uterotonic in accordance with community standards)

Epinephrine hydrochloride (maternal and newborn doses)

Diphenhydramine hydrochloride (Benadryl)

Local anesthetic

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Eye prophylaxis Vitamin K

1 A PEEP valve is not required if the midwife carries an additional device with PEEP capability (e.g., flow inflating bag or T-piece resuscitator).