

Standard:	Continuing Competencies
Approved By:	CMNL
Date Approved:	August 2017
Date to be Reviewed:	
Effective Date:	September 2016



GUIDELINES for CONTINUING COMPETENCIES for Midwives Practicing in Newfoundland and Labrador

Emergency Skills

All midwives are required to successfully complete a course or assessment in emergency skills in obstetrics every two years. These are mandatory and are not counted as CE or PD activities. The required standard of performance is successful completion of a course or assessment that meets or exceeds the College of Midwives of Newfoundland and Labrador's criteria for Emergency Skills assessment in accordance with the Act.

Acceptable courses/assessments include:

- Association of Ontario Midwives: Emergency Skills Workshop for Midwives;
- Society of Obstetricians and Gynaecologists of Canada (SOGC): Advances in Labour and Risk Management (ALARM);
- College of Family Physicians of Canada: Advances in Life Support in Obstetrics (ALSO);
- Society of Obstetricians and Gynaecologists of Canada (SOGC): Managing Obstetrical Risk Efficiently (MORE^{OB}).

Note: The MOREOB program is an ongoing three year program that Regional Health Authorities fund for their staff. Some hospitals are currently providing this program but others have already completed it. Once a hospital has completed the program there may not be the opportunity for the midwife to meet the two-yearly requirement using MOREOB and so another program will need to be considered.

Neonatal Resuscitation

All midwives are required to successfully complete the Neonatal Resuscitation Program, administered by the Canadian Paediatric Society, annually. This is an educational program that introduces the concepts and skills of neonatal resuscitation. The required standard of performance is completion of a course that meets or exceeds the National Guidelines for Neonatal Resuscitation as they apply within the midwife's scope of practice.

Cardio Pulmonary Resuscitation

All midwives are required to successfully complete the Canadian Heart and Stroke Foundation's Basic Life Support for Healthcare Providers course (refresher that includes adult, child and infant), or equivalent, annually.

Note: Hospitals in the province offer this program for their staff.

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Fetal Health Surveillance

All midwives are required to successfully complete a fetal health surveillance program every two years either by attending a program offered to hospital staff or by completing a program approved by the College of Midwives of Newfoundland and Labrador.

Breastfeeding

All midwives are required to successfully complete a breastfeeding update from a qualified lactation consultant or from a recognized program every four years.